

***Session activities subject to change**

***Please note that where sessions involve planned crafts or art, we would ask attendees to please eat their food in the café - Many thanks.**

SEPTEMBER	
3/9/25	SHOW AND TELL (bring something in that brings you joy and tell us all about it).
10/9/25	BINGO
17/9/25	ARTICULATE
24/9/25	QUIZ WITH MARK
OCTOBER	
1/10/25	OPEN SPACE TALK WITH FIONA FROM MIND
8/10/25	SPLIT PIN CRAFT
15/10/25	LEAF CRAFT
22/10/25	HALLOWEEN MASK MAKING WITH ADRIAN
29/10/25	SPOOKY QUIZ
NOVEMBER	
5/11/25	PIN THE ITEM ON THE CELEBRITY
12/11/25	WHO'S IN THE BAG
19/11/25	QUOITS
26/11/25	QUIZ WITH MARK
DECEMBER	
3/12/25	CARD MAKING
10/12/25	DECORATION MAKING
17/12/25	FESTIVE QUIZ WITH MARK